REMEMBERING THE MARTYRDOM OF GURU ARJUN DEV JI
Guru Arjan Dev Ji Shaheedi Diwas is observed to commemorate the martyrdom of Guru Arjan Dev Ji, the fifth Guru of Sikhism. The event holds historical and religious significance for Sikhs around the world. He became the first Sikh Guru to sacrifice his life for the principles of truth, justice, and religious freedom.
Gurdwara Dehra Sahib Lahore. White marble raised structure (presently in Pakistan) is the place where Guru Arjan Dev ji was tortured.
Day 1 - Our Guru was not given anything to eat or drink. He was kept awake, and during the day, Guru Ji was left in full exposure to the sun's burning heat.

Day 2 - The Guru was made to sit in a large copper vessel. The boiling water left blisters all over Guru's body.

Day 3 - Burning red hot sand was poured over our Guru's head and body. The people engaged in torturing Guru Ji were wet with sweat and felt uncomfortable because of the heat.

Day 4 - Guru Ji was made to sit on a heated iron plate. Guru Ji's flesh began to be roasted whilst burning red hot sand was poured on his body.

Day 5 - Guru Ji was taken to the bank of a river, accompanied by 5 Sikhs. Guru Ji's physical body was covered with burns and blisters. As the Guru bathed in the river, they recited Jap Ji Sahib and Sukhmani Sahib. That's when Guru ji left this world. (Joti Jot - light joining other light). The Sikhs recited Jap Ji Sahib and placed Guru's body in the river.
STATE LEVEL EVENTS
World Heritage Day, celebrated on April 18th each year, is a global observance dedicated to raising awareness about the importance of preserving and safeguarding our shared cultural and natural heritage. It serves as a reminder of the remarkable diversity and richness of our world's heritage sites, encouraging collective efforts to protect and cherish these treasures for future generations to enjoy. Maj Gen Balwinder Singh, Punjab State Convener and Principal of Khalsa College along with well-reputed Speakers. Mr Gagan Virk, Convener of Amritsar Chapter and co-convener Dr HS Randhawa, organised the event.
INTACH PUNJAB State chapter organised a trip for ladies to Chamkaur Sahib, where in the Battle of Chamkaur, both the elder sons of Guru Gobind Singh ji attained martyrdom. In the history of mankind, this must be the only example to fight against oppression. Guru Gobind Singh's father, Guru Teg Bahadur Ji, all the four sons and Guru Gobind Singh Ji all attained martyrdom.
Chamkaur Sahib is significant in Sikh history as the site where Guru Gobind Singh and his small band of warriors faced overwhelming odds against Mughal forces in December 1704. The Battle of Chamkaur Sahib stands as a testament to the unwavering courage and resilience of the Sikh community, inspiring generations with its tale of sacrifice and devotion Chamkaur Sahib: A symbol of Sikh valour and sacrifice in the face of adversity.
The Intangible culture of Punjab encompasses vibrant traditions, such as folk music, dance forms like Bhangra and Giddha, rich culinary, heritage, colourful festivals, and warm hospitality, which collectively weave a tapestry of cultural expressions that embody the spirit and soul of Punjab.

The intangible culture of Punjab resonates in the dhol's rhythmic beats, the dancers' exuberant twirls, and the mouth-watering aromas of Punjabi cuisine, embodying a tapestry of lively traditions that celebrate love, joy, and togetherness. Its legacy ignites the spirit, transcending time and connecting generations through its vibrant expressions.
PUNJAB STATE CHAPTER CONVENER Maj Gen Balwinder Singh met the Cultural Minister of Punjab, Ms Anmol Gagan Mann, on 6th June. To discuss various issues with her, how INTACH and Punjab State Govt. work together to promote and conserve our Rich Culture and Heritage of Punjab.
Gagandeep Singh Virk, INTACH Amritsar Convener, coordinated the seminar and heritage walk with Virasat Manch Batala and Baba Aya Singh Riarki College on the 300th Birth anniversary of 18th century Sikh General Jassa Singh Ramgarhia, who conquered the Mughal Empire. On this occasion, a seminar was organized in which 1800 students were present; after that, 350 students joined for "Heritage Walk" and visited the historic building.
INTACH Amritsar Chapter, in Collaboration with Khalsa College Amritsar, celebrated World Heritage Day. Many present there credited the programme as unique and the need of the hour programme. On this occasion, the students visited the historical "Lahori Gate" and the mosque known as "Guru Ki Masjid ", built by the Sri Guru Hargobind Sahib, the sixth Guru of Sikhs for the people of the Muslim faith.
INTACH Amritsar Chapter has successfully stopped further demolition of Great Warrior General Jassa Singh Ramgarhia's Haveli at Sri Hargobindpur.
KAPURTHALA CHAPTER
"UNITY IN DIVERSITY" Ethnic cultural Heritage Competition of North and North East India, conducted at Guru Nanak College of Education in collaboration with INTACH at Kapurthala. 15 colleges from Jalandhar and Kapurthala participated.
KAPURTHALA CHAPTER along with the administration took a major step to preserve the rich Heritage of KAPURTHALA city, the 160-year-old clock was made functional.
MALERKOTLA CHAPTER
The INTACH Malerkotla chapter did tree plantation on World Environment Day to promote saving our Environment. Tree plantation plays a crucial role in saving our environment. It combats climate change. Trees preserve biodiversity, manage water resources, improve urban environments, and promote sustainable development. Let's plant trees for a greener future. Tree plantation is crucial for our environment. Trees absorb carbon dioxide, produce oxygen, and combat climate change. They provide habitats for diverse species, prevent soil erosion, and purify water. Planting trees helps create sustainable cities and preserves biodiversity. Let's join hands and plant trees for a greener future.
JALANDHAR CHAPTER
MGN Adharsh Nagar School Jalandhar celebrated "World Heritage Day". It serves as a reminder of the importance of preserving and safeguarding these treasures, promoting awareness and understanding of their outstanding value. Individuals come together to appreciate and protect our shared heritage, recognizing its role in fostering a sense of identity, promoting sustainable development, and fostering intercultural dialogue.
INTACH Punjab Amritsar Chapter fielded ten entries on Millet recipes at the pan India initiative on millet. Two of our student's recipes have been selected and will be put in ICH Archives and ICH Instagram. Congratulations, Ms Shikha Guleria and Ms Jiya Devgan.
BEST HERITAGE CLUB AWARD 2022-23

1. D.A.V International School, Amritsar
2. Bhavan S.L Public School, Amritsar.
KHANA KHAZANA POSTER
COMPETITION WINNERS

OUT OF 100 REGIONAL WINNERS, EIGHT ARE WINNERS FROM EIGHT CHAPTERS OF INTACH PUNJAB.
OUT OF 15 NATIONAL WINNERS, TWO NATIONAL WINNERS ARE FROM PUNJAB (FROM PATIALA AND JALANDHAR CHAPTER).
KNOW OUR CONVENORS
Prof Baltej Singh Brar worked as Dean of Students Welfare - Dean Training n Placement as well as teaching B Tech, MBA, B Sc Nursing etc. in the Humanities Department at Adesh Instt of Engg & Technology Faridkot / Muktsar for more than twenty years. Prof Brar authored literary papers n two books, Papersetter n Examiner for GNDU Asr, Baba Farid Medical Univ Fdk. He also worked for organizing n Judgements of Cultural - Technical Activities in big numbers for these years. He is also associated with social n cultural organizations of the region. Attended many workshops and seminars as a Life Member of IIPA New Delhi, NITIE Mumbai; ISTE Delhi; World Punjabi Congress; ACL Delhi, etc. Prof Brar is the Convener of Intach Faridkot Chapter for the last 20 yr and in addition, presently Co-Convener Punjab State. Organized Many Heritage Tours for Intach activities participants.
Er. Raj Kumar Aggarwal life member is Co-convener of the Faridkot Chapter for the last 20 years. Presently serving as Executive Engineer with Baba Farid University of Health Sciences Faridkot. Author of two books 'Bhawan Nirman Kaise Karein' in Hindi & Punjabi language. He is also Governing Council member of the Indian Buildings Congress engaged in the built environment.
He is also an LMC member of DAV Sr. Secondary School Kotkapura. His articles on Heritage Buildings and constructing safe and economical buildings are regularly published in newspapers and magazines. His endeavours won him many awards from non-Govt organisations & Punjab Government, with its highest award, the 'State Award', for his missionary work in various fields of Social life and the excellence in his professional work. He is keenly interested in educating the students and conserving our rich Heritage.
Join INTACH

The INTACH Logo, based on the anthropomorphic copper figure from Shahabad, Uttar Pradesh, belonging to the enigmatic Copper Hoards of the Ganga Valley is the perceived brand image of INTACH. The classic simplicity and vitality of its lines makes it a striking example of primitive man’s creative genius. (circa 1800-1700 BC.) we welcome persons interested in conservation initiatives to join as INTACH members are requested to visit [www.intach.org](http://www.intach.org).

"Preserving our heritage and culture: safeguarding the past, enriching the future."